Hello Westwood Families.

The American Heart Association's Kids Heart Challenge program will be kicking off on **February 5th**, **2024**, and we invite you to join us as we Celebrate a Legacy of Lifesavers and continue the fight against heart disease and stroke!

Get started NOW:

1. Download the AHA Schools APP and Register:



- 2. Click "Send a Message" and TEXT 10 Friends and Family asking for support.
- **3.** Be a Heart Hero and **Complete Finn's Mission** and learn TWO lifesaving skills as a family TONIGHT!

Or at http://www2.heart.org/goto/WestwoodElementaryDePereWI and Click "Sign Up"

When 50% of the school registers online (300 students) and raises at least \$1,000 our school will earn \$500!

Buster (Leader) Keychain

February 9th - all students who have registered online are entered to win Buster

February 16th – all students who have watched CPR video are entered to win Buster

February 23rd – all students who have completed Finn's Mission are entered to win Buster

Click <u>Here</u> to hear Damar Hamlin, in his own words, talk about why our work together matters now more than ever.

BONUS: Any student who completes Finn's Mission will be able to silly string Mr. Hagenow and Mr. Knetter

NFL Bonus: The American Heart Association is excited to extend our work with the NFL to support improving health outcomes at home and beyond through the Hands-Only CPR education. Students that complete the Finn's Mission learning module will earn an entry for two tickets to Super Bowl LIX in 2025 and your school will be entered to receive a \$10,000 fitness equipment makeover for every 18 completed Finn's Mission.

Thank you!